

# WENONAH SWIM CLUB

## PERMISSION TO PARTICIPATE AND WAIVER/RELEASE OF LIABILITY

I, \_\_\_\_\_, the parent/guardian of the below named child (the "Participant"), understand that diving is a HAZARDOUS activity and that there are risks inherent in the sport of, or participation in, diving.

The Participant and their parent/guardian hereby agrees to abide by all rules and regulations established by the Wenonah Swim Club specifically regarding the use of the three meter diving board, hereinafter referred to as the "High Dive", and thereby release the Wenonah Swim Club, its officers, board members, employees, agents and or representatives, from liability for any injury and/or damages, whatsoever, that may occur to the Participant while utilizing, whether properly or improperly, the High Dive, including, but not limited to, climbing the access ladder.

The Participant and their parent/guardian also agree to indemnify Wenonah Swim Club, its officers, employees, board members, agents, and/or representatives for any damages, attorney fees and/or costs incurred arising from any claims, demand, action or cause of action by the Participant, their parent/guardian and/or legal representative relative to this activity.

The Participant authorizes any representative of Wenonah Swim Club to have the Participant transported in any medical emergency. Further, the Participant and their parent/guardian agree to pay all costs associated with medical care and transportation for the Participant.

High Diving Board Rules (in addition to the standard diving well rules):

1. Participant MUST wear High Band while using the High Dive.
2. One person is permitted on the diving board and/or access ladder at a time; Participant must wait for previous diver to swim to the pool ladder before climbing the High Dive ladder.
3. One bounce only before jumping or diving.
4. Participant must dive down – not out!
5. Participant must enter the water before the far handles of the side ladders.
6. Participant can only jump or dive straight forward. Jumping or diving towards the walls is not permitted.

I acknowledge that I have fully explained these rules to Participant and further acknowledge that I and the Participant understand these rules and regulations as, in part, described above. Furthermore, I understand that the Wenonah Swim Club, its officers, board members, employees, and/or representatives, may refuse the Participant's use of the High Dive at any time and without warning.

I acknowledge that I read and understand this waiver.

\_\_\_\_\_  
Print Name of Child/Participant

\_\_\_\_\_  
Signature of Child/Participant

\_\_\_\_\_  
Print Name of Parent/Guardian.

\_\_\_\_\_  
Witness (Manager/Employee)

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date